# Sheila Guarnagia. M.Ac., L.Ac.

Holistic Acupuncture & Herbal Medicine 1420 3rd Street SW, Roanoke, VA 24016

guardian's nar	ne:			phone:	da	ate:
address:				email:		
pet's name:	's name:pet's date of birth:					
What health	n issues would y	ou like help wit	th?			
1				3		
2				4		
		PET	'S HEALTH	HISTORY		
asthma liver disease	history (circle any s allergies seizures	ca stroke	thyroid			
injuries/hospi	italizations/surgeri	es:				
current medic	cations (please incl	ude dietary suppl	lements, herl	os, etc.):		
pet's diet (inc	cluding "people foo	od" and treats):				
allergies:						
Pet's family h	ealth history (circl	e any that annivis	•			
allergies seizures cancer:	arthritis c thyroid disease	liabetes adrenal iss	_	re issues kidney disease	heart disease e muscu	loskeletal issues
other:						

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guardian's name:	date:
pet's name:	

Please <u>underline</u> any symptoms which your pet has ever experienced in the past and circle any which have occurred most recently.

#### CHILLS, FEVER, SWEATING

- feverishness or chills
- aversion to wind
- excessive panting
- easily overheats
- other

#### SKIN

- rashes or hives
- hot spots or eruptions
- dryness or itching
- changes in moles/lumps
- fleas or ticks
- other

#### **HEAD & NECK**

- dizziness or fainting
- enlarged lymph nodes
- neck stiffness
- other

#### NEUROLOGICAL

- numbness or paralysis
- seizures or tremors
- other

## **EARS**

- infection or discharge
- pain or itching
- decreased hearing
- other

#### **EYES**

- visual changes
- red or painful eyes
- discharge
- other

#### NOSE, THROAT & MOUTH

- nasal discharge or bleeding
- allergies
- canker sores or oral ulcers
- tooth decay or gum disease
- other

#### **CARDIOVASCULAR**

- palpitations/rapid heartbeat
- chest pain or tightness
- poor circulation
- swelling in extremities
- blood clots/bleeding disorders
- other

### RESPIRATORY

- shortness of breath
- chronic cough
- coughing up phlegm or blood
- other

## **DIGESTION**

- reduced/excessive thirst
- reduced/excessive appetite
- food cravings
- indigestion or food sensitivity
- nausea or vomiting
- belching, flatulence or bloating
- stomach pain
- gallbladder disease
- pancreatic disease
- recent change in weight
- other

## **ELIMINATION**

- constipation or diarrhea
- abdominal pain
- bile in stools
- blood in stools
- anal gland impaction
- other

## **URINATION**

- marking/housebreaking issues
- frequent urination
- urinary discomfort
- incontinence
- blood in urine
- other

## MUSCULOSKELETAL

- muscle pain or weakness
- joint pain or weakness
- joint changes
- stiffness
- heavy limbs
- back ache/back pain
- other

## **SLEEP & ENERGY**

- insomnia
- dream disturbed sleep
- fatigue or energy drops
- hyperactivity or restlessness
- anger or irritability
- depression
- other

# **BEHAVIORAL**

- anxiety
- dog aggression
- food guarding
- separation anxiety
- depression/withdrawal
- paw licking
- destructiveness
- digging
- other

## **FEMALE**

- vaginal infections
- abnormal bleeding
- pain or itching of genitalia
- genital lesions/discharge
- mammary lumps
- other

## **MALE**

- pain or itching of genitalia
- genital lesions/discharge
- impotence
- weak urinary stream
- lumps in testicles
- other